10/2016

Systems of Recovery

Mental Health association in greensboro

Greensboro Community Resource Guide

**Clothing Assistance Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Bargain Box of Greensboro | Thrift Store | 122 North Elm StGreensboro, NC. 27401336-273-6349 |
| Encore! Boutique | Thrift store | 2222 Golden Gate Drive Greensboro, NC. 27401Mon-Sat: 10am to 5:30pm336-676-5871 |
| Goodwill industries | Clothing at discount prices | 1235 S. Eugene St, GreensboroNC. 27401(336) 275-9801 |
| Salvation Army | Clothing at discount prices | 1311 S. Eugene St, Greensboro, NC 27406 336-235-0368 |

**Employment Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Guilford County Employment- Greensboro Office | Unemployment insurance | 2005-B South Elm-Eugene StGreensboro, NC 27406336-334-5777 |
| Guilford County Employment-Greensboro Career Center | Job search referral and other career assistance | 303 North Raleigh St.Greensboro, NC. 27401336-373-5922 |
| Triad Goodwill Resource Center | Vocational rehab and community resource center | 1235 South Eugene StGreensboro, NC. 27406336-275-9801 |
| Welfare Reform Liaison Project Inc | Free job trainings for individuals over 18 and with a GED or high school diploma | 2601 Greengate Dr.Greensboro, NC 27406336-691-5780 |

**Financial, Utility, and Rent Assistance Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Department of Social Services | Medicaid, welfare, food stamps etc. | 1203 Maple St. Greensboro, NC. 27405336-641-6996 |
| Guilford Low Income Energy Assistance Program | One-time cash grant payment for low-income families | 1203 Maple Street, GreensboroNC. 27405336-641-3000 |
| Greensboro Urban Ministries | Emergency utility bill assistance program | 305 West Gate City BlvdGreensboro, NC 27406336-271-5959 |
| Salvation Army  | Only by appointment and for utility disconnection/shut off only. | 1311 S. Eugene St, Greensboro, NC 27406 336-235-0368 |
| St Vincent de Paul Society  | Utility bill assistance up to $50.00 | 109 W Smith St., Greensboro, NC 27401, 336-232-0336 |
| Welfare Reform Liaison Project Inc | Program provided by Duke Energy, and designed to help income-qualified customers to save energy and reduce their bills | 2601 Greengate Dr.Greensboro, NC 27406336-691-5780 |

**Food Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Blessed Table Food Pantry  | Food pantry | 3015 E. Bessemer Avenue Greensboro, NCPhone (336) 333-2266  |
| Food Assistance Incorporated | Groceries on wheels for low-income and/or disabled individuals aged 65 and up | 102 Kirk Road Greensboro, NC 27455Phone (336) 988-8899. |
| Food Not Bombs | Hot free mealMonday’s 3:30 to 6:30pm | Interactive Resource Center 407 East Washington St |

**Food Resources Cont.**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Greensboro Urban Ministries | Emergency assistance food program Food pantryFree lunch 10:30-12:30, Sun-Sat | 305 West Gate City BlvdGreensboro, NC 27406336-271-5959 |
| Guilford Department of Social Services | Food stamps | 1203 Maple StreetGreensboro, NC 27405(336) 641-3000 |
| Hot Dish and Hope (First Presbyterian Church) | Hot free meal served Tuesday’s and ThursdaysArrive between 6-6:30pm | Mullin Life Center706 N. Greene St.Greensboro, NC |
| House Of Refuge Missions | Food bank and thrift store | 216 S Elm St., Greensboro NC 27401336-691-1470 |
| One Harvest Ministries | Discounted food purchase program | 2 locations:2400 S Holden RoadGreensboro, NC 27407Site Contact: Debbie BaileySite Phone: (336) 299-80624530 Jessup Grove RoadGreensboro, NC 27410Site Contact: Alan HartSite Phone: (336) 541-8391 |
| New Birth Sounds of ThunderCristian Center | Hot meal Wednesday’s at 5:30 | 2300 S. Elm-Eugene StGreensboro, NC |
| The Servant Center  | Grocery assistance program | 1312 Lexington Avenue, Greensboro, NC 27403Phone (336) 275-8585  |

**Helpline Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Family Services Crisis Line | Mental health and domestic violence crisis line | 336-273-7272 |
| Hopeline | Confidential mental health crisis line | 919-231-4525 or 1-877-235-4525 |
| National Alliance of Mental Illness | Confidential crisis and help line | (336) 370-4264 |

**Housing Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Greensboro Housing Authority | Safe, quality, affordable housing to low-income families, elderly, and the disabled | 450 North Church StreetGreensboro, NC 27401336-275-8501 |
| Greensboro Housing Coalition | Will advocate and help you find fair, safe, & affordable housing | 122 N Elm St #4, Greensboro, NC 27401336-691-9521 |
| Greensboro Urban Ministry | Shelter for menShelter for women with childrenMixed gender shelterSupportive housing assistance | 305 W Lee StGreensboro, NC 27406336-271-5959 |
| Interactive Resource Center | A refuge for anyone experiencing homelessness | 407 E Washington St, Greensboro, NC 27401336-332-0824 |
| Joseph’s House Incorporated – Homeless Services for Men | Homeless shelter and housing assistance for men | 2703 E. Bessemer Ave.Greensboro, NC 27405336-389-9880 |
| Mary’s House | Housing for women in recovery from substance abuse and theirminor children | 520 Guilford AvenueGreensboro, N.C. 27401336-275-0820 |
| Partnership Village Transitional Housing (Greensboro Urban Ministries) | For people who have been recently evicted or are formerly homeless. Help you find housing and provide information on rent assistance if needed | 135 Greenbriar Rd, Greensboro, NC 27405336-286-6401 |
| The Servant Center – | Housing for Disabled and Veterans | 1312 Lexington AvenueGreensboro, North Carolina 27403336-275-8585 |
| Salvation Army | Center of Hope Shelter andShelter to Success housing program | 1311 S. Eugene StreetGreensboro, NC 27406336-235-0348 |

**Medical Resources**

(See Handout)

**Mental Health Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** | **Insurance & Payment Info** |
| Brassfield Center for Psychotherapy | PsychotherapyLife coaching and guidanceBodywork and movement therapy | 2012-E New Garden Rd.Greensboro, NC 27410336-288-0588 Ext.:2 | Sliding fee scaleBlue Cross Blue Shield, Medicaid, State Employees, Tri-Care |
| Carolina Psychological Associates | Psychological evaluationIndividual, marital, and family counselingCrisis intervention and conflict resolutionStress reduction and managementCareer counselingParenting issuesPsycho-educational groups | 5509-B West Friendly Avenue, Suite 106Greensboro, NC 27410336-272-0855 Ext.:111 | Aetna, Blue Cross Blue Shield, Cigna, Humana, Medcost, Medicaid, Medicare, NC Health Choice, Self Pay, State Employees, Tri-Care, United Health Care |
| Cornerstone Psychological Services | Individual and family counseling | 2711-A Pindale Rd.Greensboro, NC 27408 336.540.9400 | Aetna, Blue Cross Blue Shield, Cigna, Medcost, Medicaid, Self Pay, Tri-Care |
| Family Services of the Piedmont | DV shelter Consumer credit counseling services Employee assistance program Group counseling Individual & family counseling Male batterers program Victim services  | 315 East Washington StreetGreensboro, NC 27401 (336) 387-6161 | Medicaid, sliding scale, no insurance |
| Guilford Counseling | Individual therapyDialectical behavioral therapy skills groupWellness workshop | 430 Battleground AveGreensboro, NC 27401336-337-5469 | MedicaidSelf Pay |
| Hillcrest House | 9 bed therapeutic residence for adults who have a primary diagnosis of mental illness and/or emotional disorder | 1505 W. Friendly Ave., Greensboro, NC 27403  (336) 273-1782 | Medicaid, other, private pay |
| Mental Health Association of Greensboro | Wellness and recovery classesCompeer programPeer support servicesSupport groups | 301 E. Washington St. Suite 111Greensboro, NC 274013336-373-1402 | Free services |

**Mental Health Resources Cont.**

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| Monarch | Open AccessOutpatient Therapy Assertive Community Treatment Team (ACTT) Medication management | The Bellemeade Center201 N. Eugene St.Greensboro, NC 27401(336) 676-6840 | No InsuranceSliding fee scaleAetna, Cigna, Humana, Medicaid, Medicare, NC Health Choice, Self Pay, Tri-Care, United Health Care |
| National Alliance on Mental Illness (NAMI) Guilford | Wellness classesSupport groups | namiguilford.org/336-370-4264 | Free services |
| Presbyterian Counseling Center | Individual therapy | 3713 Richfield Rd.Greensboro, NC 27410336-288-1484 | Sliding fee scaleMedicare, most insurance plans |
| Restoration Counseling Center | Individual Christian counseling for women | 1301 Carolina Street, Suite 114, Greensboro, NC 27401 336-542-2060 | Significantly reduced fee |
| Sanctuary House | Psycho-social Rehabilitation clubhouseIndividual and group therapyClinical assessments | 518 N. Elm StreetGreensboro, NC 27401336-275-7896 | Free services |
| Serenity Counseling and Resource Center | Outpatient therapyComprehensive clinical assessmentsMedication management Community support teamPsycho-social rehabilitation | 2211 W. Meadowview Rd. Suite 10Greensboro, NC 27407336-617-8910 | Aetna, Blue Cross Blue Shield, Humana, Medicaid, Medicare, NC Health Choice, Tri-Care |
| Step-by-Step Care | Individual and family therapyCommunity support teamDiagnostic assessmentComprehensive clinical assessmentMental health assessmentMedication management | 709 E. Market Street, Suite 100-B Greensboro, NC 27401(336) 378-0109 | Medicaid |
| Therapeutic Alternatives | Mobile crisis services | Mobile Crisis phone-1-877-626-1772 | Free service |

**Mental Health Resources Cont.**

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| The Ringer Center | Mental evaluationsIndividual and family therapy | 213 E. Bessemer AveGreensboro, NC 27401336-379-7146 | No insuranceSliding fee scaleAetna, Blue Cross Blue Shield, Champus, Cigna, Medcost, Medicaid, Medicare, NC Health Choice, Physicians Health, State Employees, Tri-Care, United Health Care |
| Tree of Life Counseling | Individual and family counseling | 1821 Lendew StGreensboro, NC 27408Phone: 336-298-1832 | No insuranceFree-no costSliding fee scale Aetna, Blue Cross Blue Shield, Humana, Medcost, Medicaid, NC Health Choice, Self Pay, State Employees, Tri-Care, United Health Care |
| Wright Care Services | Individual TherapyPsychosocial RehabilitationCrisis Management | 204 Muirs Chapel Rd Ste 205 Greensboro, NC 27410 336-542-2884 | Blue Cross Blue Shield, Medicaid, NC Health Choice, Self Pay |

**Transportation Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Greensboro Transit Authority | Public bus transportationand SCAT | 336-335-6499-Customer service line |
| Piedmont Authority for Regional Transportation (PART) | Provides inter-city and regional public transportation for Greensboro and other counties | 336-883-PART (7278) |