10/2016

Systems of Recovery

Mental Health association in greensboro

Greensboro Community Resource Guide

**Clothing Assistance Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Bargain Box of Greensboro | Thrift Store | 122 North Elm St  Greensboro, NC. 27401  336-273-6349 |
| Encore! Boutique | Thrift store | 2222 Golden Gate Drive  Greensboro, NC. 27401  Mon-Sat: 10am to 5:30pm  336-676-5871 |
| Goodwill industries | Clothing at discount prices | 1235 S. Eugene St, Greensboro  NC. 27401  (336) 275-9801 |
| Salvation Army | Clothing at discount prices | 1311 S. Eugene St, Greensboro, NC 27406  336-235-0368 |

**Employment Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Guilford County Employment- Greensboro Office | Unemployment insurance | 2005-B South Elm-Eugene St  Greensboro, NC 27406  336-334-5777 |
| Guilford County Employment-Greensboro Career Center | Job search referral and other career assistance | 303 North Raleigh St.  Greensboro, NC. 27401  336-373-5922 |
| Triad Goodwill Resource Center | Vocational rehab and community resource center | 1235 South Eugene St  Greensboro, NC. 27406  336-275-9801 |
| Welfare Reform Liaison Project Inc | Free job trainings for individuals over 18 and with a GED or high school diploma | 2601 Greengate Dr.  Greensboro, NC 27406  336-691-5780 |

**Financial, Utility, and Rent Assistance Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Department of Social Services | Medicaid, welfare, food stamps etc. | 1203 Maple St. Greensboro, NC. 27405  336-641-6996 |
| Guilford Low Income Energy Assistance Program | One-time cash grant payment for low-income families | 1203 Maple Street, Greensboro  NC. 27405  336-641-3000 |
| Greensboro Urban Ministries | Emergency utility bill assistance program | 305 West Gate City Blvd  Greensboro, NC 27406  336-271-5959 |
| Salvation Army | Only by appointment and for utility disconnection/shut off only. | 1311 S. Eugene St, Greensboro, NC 27406  336-235-0368 |
| St Vincent de Paul Society | Utility bill assistance up to $50.00 | 109 W Smith St., Greensboro, NC 27401, 336-232-0336 |
| Welfare Reform Liaison Project Inc | Program provided by Duke Energy, and designed to help income-qualified customers to save energy and reduce their bills | 2601 Greengate Dr.  Greensboro, NC 27406  336-691-5780 |

**Food Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Blessed Table Food Pantry | Food pantry | 3015 E. Bessemer Avenue Greensboro, NC  Phone (336) 333-2266 |
| Food Assistance Incorporated | Groceries on wheels for low-income and/or disabled individuals aged 65 and up | 102 Kirk Road Greensboro, NC 27455  Phone (336) 988-8899. |
| Food Not Bombs | Hot free meal  Monday’s 3:30 to 6:30pm | Interactive Resource Center 407 East Washington St |

**Food Resources Cont.**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Greensboro Urban Ministries | Emergency assistance food program  Food pantry  Free lunch 10:30-12:30, Sun-Sat | 305 West Gate City Blvd  Greensboro, NC 27406  336-271-5959 |
| Guilford Department of Social Services | Food stamps | 1203 Maple Street  Greensboro, NC 27405  (336) 641-3000 |
| Hot Dish and Hope  (First Presbyterian Church) | Hot free meal served Tuesday’s and Thursdays  Arrive between 6-6:30pm | Mullin Life Center  706 N. Greene St.  Greensboro, NC |
| House Of Refuge Missions | Food bank and thrift store | 216 S Elm St.,  Greensboro NC 27401  336-691-1470 |
| One Harvest Ministries | Discounted food purchase program | 2 locations:  2400 S Holden Road  Greensboro, NC 27407  Site Contact: Debbie Bailey  Site Phone: (336) 299-8062  4530 Jessup Grove Road  Greensboro, NC 27410  Site Contact: Alan Hart  Site Phone: (336) 541-8391 |
| New Birth Sounds of Thunder  Cristian Center | Hot meal Wednesday’s at 5:30 | 2300 S. Elm-Eugene St  Greensboro, NC |
| The Servant Center | Grocery assistance program | 1312 Lexington Avenue, Greensboro, NC 27403  Phone (336) 275-8585 |

**Helpline Resources**

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| **Organization Name** | **Service Provided** | **Contact Info** |
| Family Services Crisis Line | Mental health and domestic violence crisis line | 336-273-7272 |
| Hopeline | Confidential mental health crisis line | 919-231-4525  or 1-877-235-4525 |
| National Alliance of Mental Illness | Confidential crisis and help line | (336) 370-4264 |

**Housing Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Greensboro Housing Authority | Safe, quality, affordable housing to low-income families, elderly, and the disabled | 450 North Church Street  Greensboro, NC 27401  336-275-8501 |
| Greensboro Housing Coalition | Will advocate and help you find fair, safe, & affordable housing | 122 N Elm St #4,  Greensboro, NC 27401  336-691-9521 |
| Greensboro Urban Ministry | Shelter for men  Shelter for women with children  Mixed gender shelter  Supportive housing assistance | 305 W Lee St  Greensboro, NC 27406  336-271-5959 |
| Interactive Resource Center | A refuge for anyone experiencing homelessness | 407 E Washington St,  Greensboro, NC 27401  336-332-0824 |
| Joseph’s House Incorporated – Homeless Services for Men | Homeless shelter and housing assistance for men | 2703 E. Bessemer Ave.  Greensboro, NC 27405  336-389-9880 |
| Mary’s House | Housing for women in recovery from substance abuse and their  minor children | 520 Guilford Avenue  Greensboro, N.C. 27401  336-275-0820 |
| Partnership Village Transitional Housing (Greensboro Urban Ministries) | For people who have been recently evicted or are formerly homeless. Help you find housing and provide information on rent assistance if needed | 135 Greenbriar Rd,  Greensboro, NC 27405  336-286-6401 |
| The Servant Center – | Housing for Disabled and Veterans | 1312 Lexington Avenue  Greensboro, North Carolina 27403  336-275-8585 |
| Salvation Army | Center of Hope Shelter and  Shelter to Success housing program | 1311 S. Eugene Street  Greensboro, NC 27406  336-235-0348 |

**Medical Resources**

(See Handout)

**Mental Health Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** | **Insurance & Payment Info** |
| Brassfield Center for Psychotherapy | Psychotherapy  Life coaching and guidance  Bodywork and movement therapy | 2012-E New Garden Rd.  Greensboro, NC 27410  336-288-0588 Ext.:2 | Sliding fee scale  Blue Cross Blue Shield, Medicaid, State Employees, Tri-Care |
| Carolina Psychological Associates | Psychological evaluation  Individual, marital, and family counseling  Crisis intervention and conflict resolution  Stress reduction and management  Career counseling  Parenting issues  Psycho-educational groups | 5509-B West Friendly Avenue, Suite 106  Greensboro, NC 27410  336-272-0855 Ext.:111 | Aetna, Blue Cross Blue Shield, Cigna, Humana, Medcost, Medicaid, Medicare, NC Health Choice, Self Pay, State Employees, Tri-Care, United Health Care |
| Cornerstone Psychological Services | Individual and family counseling | 2711-A Pindale Rd.  Greensboro, NC 27408  336.540.9400 | Aetna, Blue Cross Blue Shield, Cigna, Medcost, Medicaid, Self Pay, Tri-Care |
| Family Services of the Piedmont | DV shelter  Consumer credit counseling services  Employee assistance program  Group counseling  Individual & family counseling  Male batterers program  Victim services | 315 East Washington Street  Greensboro, NC 27401  (336) 387-6161 | Medicaid, sliding scale, no insurance |
| Guilford Counseling | Individual therapy  Dialectical behavioral therapy skills group  Wellness workshop | 430 Battleground Ave  Greensboro, NC 27401  336-337-5469 | Medicaid  Self Pay |
| Hillcrest House | 9 bed therapeutic residence for adults who have a primary diagnosis of mental illness and/or emotional disorder | 1505 W. Friendly Ave., Greensboro, NC 27403  (336) 273-1782 | Medicaid, other, private pay |
| Mental Health Association of Greensboro | Wellness and recovery classes  Compeer program  Peer support services  Support groups | 301 E. Washington St. Suite 111  Greensboro, NC 27401  3336-373-1402 | Free services |

**Mental Health Resources Cont.**

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| Monarch | Open Access  Outpatient Therapy  Assertive Community Treatment Team (ACTT)  Medication management | The Bellemeade Center  201 N. Eugene St.  Greensboro, NC 27401  (336) 676-6840 | No Insurance  Sliding fee scale  Aetna, Cigna, Humana, Medicaid, Medicare, NC Health Choice, Self Pay, Tri-Care, United Health Care |
| National Alliance on Mental Illness (NAMI) Guilford | Wellness classes  Support groups | namiguilford.org/  336-370-4264 | Free services |
| Presbyterian Counseling Center | Individual therapy | 3713 Richfield Rd.  Greensboro, NC 27410  336-288-1484 | Sliding fee scale  Medicare, most insurance plans |
| Restoration Counseling Center | Individual Christian counseling for women | 1301 Carolina Street, Suite 114, Greensboro, NC 27401  336-542-2060 | Significantly reduced fee |
| Sanctuary House | Psycho-social Rehabilitation clubhouse  Individual and group therapy  Clinical assessments | 518 N. Elm Street  Greensboro, NC 27401  336-275-7896 | Free services |
| Serenity Counseling and Resource Center | Outpatient therapy  Comprehensive clinical assessments  Medication management  Community support team  Psycho-social rehabilitation | 2211 W. Meadowview Rd. Suite 10  Greensboro, NC 27407  336-617-8910 | Aetna, Blue Cross Blue Shield, Humana, Medicaid, Medicare, NC Health Choice, Tri-Care |
| Step-by-Step Care | Individual and family therapy  Community support team  Diagnostic assessment  Comprehensive clinical assessment  Mental health assessment  Medication management | 709 E. Market Street, Suite 100-B Greensboro, NC 27401  (336) 378-0109 | Medicaid |
| Therapeutic Alternatives | Mobile crisis services | Mobile Crisis phone-1-877-626-1772 | Free service |

**Mental Health Resources Cont.**

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| The Ringer Center | Mental evaluations  Individual and family therapy | 213 E. Bessemer Ave  Greensboro, NC 27401  336-379-7146 | No insurance  Sliding fee scale  Aetna, Blue Cross Blue Shield, Champus, Cigna, Medcost, Medicaid, Medicare, NC Health Choice, Physicians Health, State Employees, Tri-Care, United Health Care |
| Tree of Life Counseling | Individual and family counseling | 1821 Lendew St  Greensboro, NC 27408  Phone: 336-298-1832 | No insurance  Free-no cost  Sliding fee scale  Aetna, Blue Cross Blue Shield, Humana, Medcost, Medicaid, NC Health Choice, Self Pay, State Employees, Tri-Care, United Health Care |
| Wright Care Services | Individual Therapy  Psychosocial Rehabilitation  Crisis Management | 204 Muirs Chapel Rd Ste 205  Greensboro, NC 27410  336-542-2884 | Blue Cross Blue Shield, Medicaid, NC Health Choice, Self Pay |

**Transportation Resources**

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| **Organization Name** | **Services Provided** | **Contact Info** |
| Greensboro Transit Authority | Public bus transportation  and SCAT | 336-335-6499-Customer service line |
| Piedmont Authority for Regional Transportation (PART) | Provides inter-city and regional public transportation for Greensboro and other counties | 336-883-PART (7278) |